



UnitedHealthcare 2026 Plan Year

DC | D-SNP Enrollment At A Glance

Scan the QR code or follow the Jarvis path below to access the UHC D-SNP landing page and learn more about UHC D-SNPs

Jarvis > Knowledge Center > Medicare Product Resources > Dual Special Needs Plans



Information Valid for Plan Year 2026 Only

Overview

This guide will help you understand which consumers may be eligible to enroll in a UnitedHealthcare D-SNP plan and determine which plans can be offered during the Integrated Care Special Enrollment Period (SEP)

Dual Eligibles

33K

Dual Eligibles

22K

Full Dual Eligibles (68%)

10K

QMB Eligibles (32%)

87

Partial Dual Eligibles (<1%)

UHC D-SNP Service Area Only; estimates based on June 2024 CMS.gov data

Summary of D-SNP Enrollment Eligibility

Any dual-eligible consumer can enroll in a UHC D-SNP plan during AEP and MA-OEP

1. There are no changes to enrolling in D-SNP plans during AEP and MA-OEP. Use the Jarvis Medicare and Medicaid Verification (MMV) tool linked on the D-SNP landing page to verify plan eligibility (see QR code above or navigate to Jarvis > Sales Tools > Medicare & Medicaid Eligibility Lookup).

Only certain dual-eligible consumers can enroll in a UHC plan using the Integrated Care SEP (see below)

1. If your client has a Medicaid plan (or EPD waiver for LTC members, see Unique Medicaid Considerations below) and is Full Dual eligible (FBDE, QMB+), your client may be eligible for the monthly Integrated Care SEP and may enroll in either UHC Dual Choice DC-Y001 or UHC Dual Choice DC-Y2. Use the MMV tool linked in the QR code above to validate your client's eligibility before you submit the application.
2. Non-Full Duals (example: LIS and QMB only) are subject to the same SEP rules as MA.
3. Special circumstance SEPs still apply to all D-SNP consumers; client must be Medicaid eligible. Refer to the D-SNP Landing Page for more information (QR code or Jarvis file path above).

Summary of UnitedHealthcare Medicaid Information

To enroll in a UHC D-SNP plan, consumers must be Medicaid eligible.

Medicaid Enrollment Process: Agents may not assist clients in signing up for a Medicaid Managed Care plan. Simply direct the client to the Medicaid enrollment number below.

- District Medicaid: 1-855-532-5465 | Hours: Monday-Friday 8:00 A.M. 6:00P.M.

Unique Medicaid Considerations: If your client qualifies or has qualified for the LTC Waiver (EPD Waiver), they should be considered for the UHC Dual Choice DC-Y001 Plan.

- EPD Waiver: The Elderly and Persons with Physical Disabilities (EPD) Waiver Program allows DC residents, who would otherwise require nursing home care, to receive services and supports while living in their home or in assisted living communities.
 - Services: Adult Day Health Program, Assisted Living Facilities, Case Management Services, Community Transition Services, Environmental Accessibility Adaptation Services, Homemaker Services, Participant-Directed Services (PDS: also called Services My Way), Personal Care Aide Services, Respite services, etc.
- If a client needs help with their EPD Waiver application, send an email with their name and contact information to dccnrolleeservices@uhc.com

2026 Footprint

Full footprint of plans eligible to sell using the Integrated Care SEP (to Medicaid eligible members only)



Counties with Integrated Care SEP available

Plan Information (Click plan name for details)

Plan Name	Plan Eligibility and Overview	Is Integrated Care SEP Available?
UHC Dual Choice DC-Y001 (HMO D-SNP) H7464-010-000	Eligible Membership: Full Dual (FBDE, QMB+) and qualifies for LTC Plan Focus: For those who have full Medicaid benefits with Elderly Persons with Disabilities (EPD) waiver. After joining this plan, you'll also be enrolled in the UHC District Dual Choice program for a combined Medicare and Medicaid experience. \$188 credit every month for OTC, plus healthy food and utilities for qualifying members.	Yes , any Full Dual (FBDE, QMB+) consumer enrolled in Medicaid who qualifies for LTC may enroll in this plan using Integrated Care SEP
UHC Dual Choice DC-Y2 (PPO D-SNP) H2406-053-000	Eligible Membership: Full Dual (FBDE, QMB+) Plan Focus: For those who have full Medicaid. After joining this plan, you'll also be enrolled in the UHC District Dual Choice program for a combined Medicare and Medicaid experience. \$115 credit every month for OTC, plus healthy food and utilities for qualifying members.	Yes , any Full Dual (FBDE, QMB+) consumer enrolled in Medicaid may enroll in this plan using Integrated Care SEP
While Integrated Care SEP Opportunities do not apply to the below plans, all special circumstance SEPs still apply. Refer to the Jarvis MMV tool for more information.		
UHC Dual Choice DC-Q001 (PPO D-SNP) H2406-099-000	Eligible Membership: QMB Only Plan Focus: Must be a Qualified Medicare Beneficiary (QMB) who doesn't have full Medicaid benefits but gets all their Medicare-covered services provided at \$0. \$57 credit every month for OTC, plus healthy food and utilities for qualifying members.	Limited - Outside of AEP and MA-OEP, consumers are limited to special circumstance SEPs to enroll in this plan