Chiropractic & Acupuncture



UnitedHealthcare Medicare Advantage plans with routine chiropractic and acupuncture benefits offer **services in addition** to Medicare-covered services to **better meet the needs of members**.

Multiple visits Low copays

Why UnitedHealthcare?

- Low in-network copay amounts of \$0 or \$10 per visit depending on the member's plan.
- Multiple visits depending on the member's plan 6, 12, 18 or 20 chiropractic appointments, 6, 12 or 20 acupuncture appointments.

How does it work?

• Routine benefits are available for some Medicare Advantage plans. Routine benefits may be offered in addition to Medicare-covered benefits to better meet the needs of members.

	Medicare-covered benefit	Routine benefit
Chiropractic	Limited to manipulation to correct subluxation	Adds coverage for pain, musculoskeletal disorders, nerve disorders and nausea
Acupuncture	Limited to chronic low back pain	Adds coverage for pain, neuromuscular disorder and nausea

- Members can find a provider and schedule an appointment on myuhc.com.
- Members seeking routine treatment are not required to have a referral or prior authorization.
- Members who have questions can call:
 - o The Customer Service phone number on their UnitedHealthcare UCard®.
- Routine services are provided by OptumHealth Physical Health (OPH).
- For routine claims, providers must submit directly to OPH:
 - o Mail: OptumHealth Physical Health, P.O. Box 212, Minneapolis, MN 55440-0212.
 - o Online: myoptumhealthphysicalhealth.com provider Payer ID 41161.





Chiropractic, Acupuncture & Naturopathy

How can you support your members?

- Help members know what to expect for 2026 and how to get the most out of their benefits.
- Assist members in finding a provider and scheduling an appointment at myuhc.com.
- You may also locate a provider on Jarvis > Quick Access > Directories/Networks > Chiropractor & Acupuncture Providers.

